

# Curriculum for Culture V

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## **Objective**

After completing this course students will learn the following:

1. foreign invaders to India and their impact on Indian culture
2. British invasion and spread of British empire
3. Freedom movement and prominent leaders from different parts of India
4. Introduction of different religions in India, religious leaders and places of worship
5. Introduction of basic principles of Hinduism
6. Women of India- prominent women from history to present and their contributions

The course is split in to two parts and includes the following topics.

## **Part One:**

- Indus valley civilization and Indian kingdoms- recap from C5
- Invaders of India- North, South, quick review of Mughal rule( covered in C5)
- French, Dutch and Portuguese invaders
- British invasion- East India Company
- Spread of British Rule
- Freedom fight and freedom fighters
- Introduction of Islam and Christianity and comparative study with Hinduism

## **Part Two**

- Hinduism: One God, many names, Aum-universal sound, three eternal entities, Matter-earth, water, fire, air and space, Soul-consciousness ,Prayer-purpose of prayers, arti, bhajans, japa, meditation, fasting
- Branches of Hinduism- Buddhism,Jainism, Sikhism, Brahma Samaj, Arya Samaj, Religious leaders
- Places of worship- comparison(Mosque/Temple/church etc)
- Women of India

There will be a test at the end of each part. 2 classes are allocated for Yoga. Students are expected to come prepared for the class and complete their assignments on time.

**References:**

1. Story of India- PBS series available on DVD at Balvihar Library
2. Textbook: The Story Of India For Children by Gratian Vas ( Blossom Books) Printed by Icon Press New Delhi
3. A History Of India by Hermann Kulki-Preview available on -line
4. Explaining Hindu Dharma-A Guide for Teachers- Edited by Dr. Naval K. Prinja. Published by Vishva Hindu Parishad, UK
5. In addition I use many websites for reference and will inform students of important ones from time-to-time.